

HO‘OLAULIMA

Forum 2004

Participating Organizations

Ahu Pohaku Hoomaluhia
 Ambrosia Edible Garden
 County of Hawaii - Parks and Recreation
 County of Hawaii - Department of Liquor Control
 County of Hawaii - Legislative Auditors Office
 County of Hawaii - Mass Transit Agency
 County of Hawaii - Recreation Division
 County of Hawaii - Research & Development
 County of Hawaii -Transit
 Datta Analysis
 Department of Education
 Family Support Services of West Hawaii
 Family Support Services of West Hawaii - Kau
 Friends of The Future
 Hamakua Health Center
 Hawaii Community College
 Hawaii Community Foundation
 Hawaii FFA
 Hawaii Island Tobacco Free Partnerships
 Hawaii Island United Way
 Hawaii Police Department
 Hawaii Preparatory Academy
 Hawaii State Capitol
 Hawaiiana in Honomu Program
 Holualoa Elementary School
 Honokaa Elementary School
 Honokaa Elementary School
 Honokaa High & Intermediate School
 Honokaa, HPA, Waimea Middle School Students
 Investment Dynamics
 J. Sears Consulting
 Ke Kula 'O Ehunuiakimalino
 Kealakehe High School
 Kohala Elementary School
 Kohala High School
 Kona Community School for Adults
 Konawaena High School
 Laupahoehoe Train Museum
 Neighborhood Place of Kona
 North Hawaii Community Hospital
 North Hawaii News
 North Kohala Community Resource Center
 Paaulo Elementary School
 Parker Ranch
 Queen Liliuokalani Children's Services
 Salvation Army
 The Earl & Doris Bakken Foundation
 The Kohala Center
 Tropical Reforestation & Ecosystem Education
 UHH Student
 University of Hawaii Center - West Hawaii
 Waiakea High School
 Waikoloa Community Development Corp.
 Waikoloa Elementary School
 Waimea Elementary School
 Waimea Family YMCA
 Waimea Middle School
 Workforce Development

Working Together With Many Hands

BUILDING COMMUNITY FOR YOUTH AND BY YOUTH

Waimea, Hawaii—"We're in this together," was the spoken and unspoken message at

the fifth annual North Hawaii Community Forum on Friday, October 15, 2004. 120 people from 72 different organizations gathered to focus on community building for Youth and By Youth. This collaboration focused on improving youth activities and healthy youth development in North Hawaii, which dates back to the first North Hawaii Community Forum in 2000.



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Building on the work accomplished at previous forums, this year's focus was on our youth, how are we doing on our hope that our *"Youth will make healthy choices and become resilient and successful adults?"* Over 100 people attended this forum, including North Hawaii youth, legislators, health care professionals, social service professionals, educators and community volunteers.

A complete proceedings on this Forum is available at www.nhop.org/forum2004.php

This forum was made possible by the partnerships and sponsorship of NHCH, NHOP, FMH, HMSA, HPM, WHT and Swiss Laundry. For more Forum 2004 proceedings visit our website at www.nhop.org.

Earl Bakken shares his mana'o:

- Get kids involved in clubs
- That parents are the most important role model
- To lead by example
- To help youth have a deep understanding of the Hawaiian heritage
- That parents should study the North Hawaii Outcomes Project 2004 Report *Health...it takes a community*, especially pages 36 - 43, the section that addresses well being indicators for youth.
- Complement kids on their achievements.
- To fight obesity, smoking and drugs
- To get kids involved in science



DISCUSSIONS AND WORKSHOPS

Athletic Facilities:

- Group identified existing facilities, a resource list is available.
- Need youth advocates during legislative budget time
- Hawaii County Resource Center continue building collaboration between community groups and government departments

Building Effective Youth Entrepreneurship

- Mentoring programs serve as educational, career and personal development
- Natural mentoring—parents, coaches, relatives etc.
- Planned mentoring—corporate, professional etc.
- Hawaii strengths—cultural diversity, motivated community, natural resources, cooperative social service providers
- Hawaii challenges—funding, recruitment, training of mentors establishing policies and procedures to produce outcome, with low liabilities

Youth are really an important resource! "We just have to trust in their abilities and be open minded and guide," said Allen Salavea, Hawaii Island Mentoring Project.

Improving Transportation

- Mass Transit Agency aiming to increase access in 2005 by
- Purchasing 14 new buses
- Increasing service and routes
- Shuttle service Kona to Costco
- Do a transportation study to determine possible rail system
- Construction of three park and ride lots
- Increase collaboration between, schools and Mass Transit Agency unanimous group concord.

Addressing Insurance Barriers

- Increasing access to health insurance resources contact Hamakua Health Center— 775-7204 or The Bay Clinic—929-7311.
- Group discussion suggested alternative ways to increase insurance for youth by creating a scholarship fund and publishing success stories of schools that have successfully increased student enrollment.
- Decreasing liability, program and event insurance

Trying to get insurance coverage for a program? "Have a written business plan, or summary of your event/program including the who, what, when, where, quality controls, training and efforts to reduce risk, **before**, working with an insurance agent," according to Tom Lodge, Investment Dynamics. Increase insurance issues and resources through partnerships, i.e. Hawaii Community Foundation and Hawaii Lawyers.

Funding Barriers to Participation

- Grant writing, In-kind donations, scholarships, embedding activity cost in program design and funding and community service learning, different strategies were identified by group discussion.
- Group identified ways to increase non-participation youth: Bring programs to the youth at schools, community centers etc., use school websites, have youth speak about it, collaborate with school bus systems, increase service learning projects in schools, youth leaders work closely with stakeholders to refer youth to programs.

Teach people how to plan and make a dream come true, write a proposal and find funding." Martin stated.

Show Me the Results

Dr. Datta's interactive workshop linked strategic use of evaluation results and project sustainability. Highlights included;

Knowing your audience and presenting results tailored to your audience. There are many different audiences for evaluation reports each benefiting from reports with a somewhat different emphasis (i.e. media, legislator, policy maker, someone new, corporate sponsor, private donors.

Create your evaluation plan with reports in mind - Keep data simple to collect and convincing. Use stories first, and make readers feel your program is important! Sharing stories is an effective way to convey your message

Put more thought into final report

Start communicating information and results throughout the project to stakeholders, continuously.

Working with Media

Provided numerous web-based handouts

Golden rule #1- you and only you, have the responsibility of getting your message out via the media or directly – don't wait for them to come to you

Golden rule #2 - Make your relationships with your audiences, *including the media*, personal, friendly, healthy and synergistic or mutually beneficial and know who are they (media), what do they do, and what do they want **their** audience to know?

North Hawaii News a great venue to publish feature articles and welcomes stories about youth in the community.

Utilize all media venues, if applicable to get your story out.

Show Me the Plan

Mr. Martin's workshop linked effective planning and fund development the project in advance of actually doing it.

- Money is a bi-product of good planning. The key to success is a clearly written plan that describes
- The next North Kohala Community Resource Center Plan Writing Workshop is scheduled for Feb. 2, 2005. It is held on Saturdays and is free.

According to the National Service Learning Clearinghouse, "Even though there are many different interpretations of service-learning as well as different objectives and contexts, we can say that there is a core concept upon which all seem to agree:

Service-learning combines service objectives with learning objectives with the intent that the activity change both the recipient and the provider of the service. This is accomplished by combining service tasks with structured opportunities that link the task to self-reflection, self-discovery, and the acquisition and comprehension of values, skills, and knowledge content." Our state, island, and communities are already going great work in this area!

"The kids we have heard from set the tone for a better society and future and why we go on to higher learning. What service learning allows is to have the kids voice surface." said Art Souza, Honokaa High School Principal.

Examples of our youths' work being done:

In Pahoa, students coordinated county bus changes route to allow students to participate in family activities.

In Honokaa, students coordinated and sponsored a senior citizen dance and dinner.

In Waimea Middle School, students coordinated a brochure for newcomers at Keahole Airport.

At HPA., students coordinated reading at Kawaihae Transitional Housing, recycling committee and Red Cross Youth group.



Recognition and Mahalo to Youth and Youth Serving Organizations

Students from Honokaa and Kohala High identified adults whom they felt deserved recognition for their contributions to the community.



These individual's below honored for their contribution to our community and presented with a gift and recognition certificate by leadership students from Honokaa High School



Carol Ganst
David Becker



Audrey Veloria(above)

Vance Fujii

Margaret Horwartt

Mona Graves

Richard Austin

Rodney Park

Tina Martinson

Continued—Afternoon workshops

Working with Legislature

Mr. Tarnas shared knowledge about "The Legislative Process; A Process of the People" to describe the process of passing legislation. This process includes; identifying representatives who support your bill, establishing coalitions to enhance the passage of your bill, the committee processes, and tracking your bill.

Working with Youth Partners

Identified critical success factors for getting youth involved in service learning as committed adults advisors, committed student participants, patience, offering credit for activity, activities need to be relevant to the youth, fun and food. Lessons learned include Importance of being organized and doing things when you say you are going to do them and to communicate. Recommendations for others include; listening, having a reflective discussion, enjoyable activities, incentives, paid staff, and lots of contacts for networking.

Supporting Health Youth Development

Dr. Alice Honig of Syracuse University is a nationally known expert in the field of early childhood development. The focus of the session was on early childhood development, with a specific emphasis on brain development and temperament. Researchers have identified nine common temperamental traits in children/humans, partly due to genetics. Honig believes we have to work with these traits, not look at them as

Much Mahalo for your aloha and the many others who also help!



North Hawaii's Hopes For A Healthy Community

- Great place to live
- Great sense of community
- Great place to work
- Great place to play
- Great place to raise a strong family



North Hawaii 's Hopes For Its People

- Newborns, infants and toddlers will thrive
- Children will be safe, healthy and ready to succeed in school
- Youth will make healthy choices and become resilient and successful adults
- Adults will have meaningful work with family-sustaining incomes
- Businesses will have an adequate workforce
- Families will live in safe and supportive communities

Health...it takes a community North Hawaii Community Health Profile



Report 2004 is complete! This report is produced by the North Hawaii Outcomes Project (NHOP) whose mission is to support improvement of the health of the people of North listens to the community, identifies priorities, measures health status and progress and provides useful local health data for planning, grant writing and community awareness. Please visit our website at www.nhop.org or call 887-1945 for a copy.

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Mahalo to our Forum 2004 sponsors!

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